

NAILS HANDS AND FEET

Polish Manicure \$40
Nail shaping, cuticle tidy, hand massage, buff and polish

Deluxe Manicure \$59
Nail shaping, cuticle tidy, exfoliation, massage and paraffin wax, buff and basic polish to finish.

Shellac Nails \$50
Nail shaping, cuticle tidy, shellac application, hand Massage
Shellac Removal and Reapplication \$56

French Shellac Polish Application Nails \$56
Nail shaping, cuticle tidy, shellac application, hand Massage

Shellac polish Removal \$25

Express Pedicure \$50
Feet are washed, nail shaping, cuticle tidy, light callous removal, massage, finish with a buff and polish

Deluxe Spa Pedicure \$69
An absolutely luxurious treatment that relieves tired and aching muscles from head to toe. Feet are soaked in the hydrotherapy foot spa while you enjoy the relaxing massage chair. Feet & lower legs are exfoliated, shaping of nails; cuticle tidy, callous removal, foot Mask, feet and lower leg are massaged and finished with a buff and polish.

Shellac Toes \$69
Nail shaping, cuticle tidy, shellac application, scrub and foot Massage

Paraffin Wax Treatment \$15

WELCOME TO ESSENTIALLY YOU BODY AND SOUL

Professional Beauty Therapy

At Essentially You Body and Soul we are committed to providing the highest of standards when offering only the very best professional beauty services and skin care products. Whether you need pampering or care we will personally tailor your treatments to suit your individual needs, lifestyle and budget with one goal; to improve the way you feel about yourself. Relax, Unwind and Spoil yourself.

Salon etiquette

We operate a busy salon and appointment times are precious. Please respect our time. Should you need to cancel your appointment, please give us a courtesy call within 24 hours.

Last minute cancellations and no-shows will incur a 20% cancellation fee next visit.

So you get the most out of your visit we recommend you arrive 10 minutes prior to your scheduled appointment time.

Gift vouchers available. They are A GREAT GIFT IDEA FOR ANY SPECIAL OCCASION.

Please consult your therapist for advice on suitable packages.

If using a gift voucher please let reception know at time of booking and present upon arrival.

Salon Hours
Monday 10-5pm
Tuesday and Thursday 9-9pm
Wednesday 9-5pm
Friday 9-6 pm
Saturday 9-1pm



*Essentially You
Body & Soul*

PROFESSIONAL BEAUTY THERAPY

PHONE: (03) 97182024

932 Main Road, Hurstbridge, 3099

**Online booking system available visit
www.essentiallyyoubodyandsoul.com**

FEMALE WAXNG

Eyebrow Tidy & Shape	\$18
Lip and chin or Side face	\$14
Eyebrow, Lip and Chin	\$42
Fore Arm	\$26
Full Arm	\$30
Underarm	\$21
Bikini Standard	\$26
Bikini G String	\$32
XXX Brazilian	\$52
Stomach/ Navel	\$25
1/2 Leg (lower)	\$32
1/2 Leg (upper)	\$34
3/4 leg	\$35
Full Leg	\$42

MALE WAXING

Shoulders and neck	\$30
Full Back	\$60
Chest	\$56
Back & Chest	\$95

SUPER HAIR REMOVAL

Lip , Chin or Side Face	\$30
Fore Arm	\$55
Full Arm	\$110
Underarm	\$50
Bikini Standard	\$50
Bikini G String	\$60
XXX Brazilian	\$95
Buttock	\$25
Stomach/ Navel	\$30
1/2 Leg (lower)	\$125
1/2 Leg (upper)	\$125
3/4 leg	\$145
Full Leg	\$180
Full Back	\$180
Half Back	\$125
Chest	\$85
Shoulders	\$50

Treatment Packages available

INTENSIVE SIGNATURE FACIAL COLLECTION

\$165

AG3 Beauty Secret

Global anti-ageing action that re-awakens the vital code of the skin.

The prestigious treatment revitalises skin for an even complexion, smoothing out wrinkles and restoring volume as well as providing protection from damage caused by the passing of time.

Leaving the skin smooth and velvety for timeless beauty.

De-Ox Evolution Facial

A luxurious antioxidant treatment that consists of vitamin C and five powerful anti oxidants, skin is protected, reinforced and is left smoother and luminous.

SIGNATURE FACIALS

Linea+ Signature Facial \$98

Optimize your skins health and radiance; this revitalizing facial is designed to deep cleanse and balance. Facials Includes -Skin analysis and product prescription, deep cleanse, exfoliation, steam, serum application, facial massage, mask and moisture replacement.

Aroma Facial \$70

A quick pick me up skin analysis, cleanse, exfoliation, mask and moisture replacement.

Great for teenagers

ADVANCED SKIN REJUVENATION TREATMENTS

RF Fractional - thermal skin tightening

Skin rejuvenation treatments

Pigmentation removal

Red vein removal

Acne treatments

Prices per treatment and consultation required

COSMETIC PEELS \$89

A paraben free, cosmetic peeling range containing a new generation of AHAs & PHAs designed for all skin types, especially dull, prematurely aged skin with lines, age spots or skin with thickening, ageing.

For best result a Course of 6 x 1 weekly

Purchase 5 Receive 6 free.

MICRODERMABRASION \$85

Microdermabrasion improves pigmentation, scarring, congestion, fine lines and wrinkles by gently lifting the skin's surface and exfoliating the top layer of the skin.

BODY TREATMENTS

Aromatherapy Body Massage

1hr \$80 30min\$55

A very relaxing massage designed to soothe the body and mind with the use of essential oils, this massage also incorporates a facial and scalp massage.

LASH AND BROW TINTING

Eyebrow Tint	\$20
Eyebrow tint & wax	\$36
Eyelash Tint	\$22
Eyelash tint & Brow tint.	\$40
Together with Eyebrow Shape	\$56

BONZA BRONZ SPRAY TAN

Spray Tan full body	\$40
Lower or upper body only	\$20